

Family Mass Reflection

This sheet can be turned in
Any time each month

The goal of a Mass Reflection is to help engage your family with what is going on during the Mass as well as connect your faith to your daily lives. After discussing your family's experience, please answer the following questions.

Reflection may be filled out by a parent or other adult family member, or a child. One Reflection per family.

Catholic Church: _____

Date of Mass: _____

Time of Mass: _____

In person or online/tv _____

Family Name: _____

First names & Grades of Children:

1. Which season is the church celebrating?

(circle one)

Ordinary Time Advent Christmas Lent Easter

2. Is there a thematic relationship between the gospel and the first reading? YES or NO

(If the gospel is about Jesus giving sight to the blind, the first reading will tell how the blind will see when the Messiah comes.)

3. If yes, what is the theme?

4. What was the Gospel about today? What is God telling us through the story?

5. What was one thing you heard the priest say in the homily that "stuck with you?"

Note to Parents: Attending Mass weekly is one of the most important things we as Catholics do. It's where we hear God's word, receive the Body of Christ, and connect with our faith community. Mass is celebrated Saturday evening, Sunday morning and Sunday evening (in nearby parishes.) Make it a special time for your family to gather. We ask that you fill out and turn in **ONE reflection each month** and send it to class with the youngest or only child.