



Confirmation FIAT Hours

Putting your Faith Into Action – Service is the Catholic Way of Life

Confirmation deepens our roots as adopted children of God and perfects our union with the Church as “members of the family.” Part of living within this family is trying to take care of one another. Jesus left us His own example of love to follow and told us to love one another as He loves us. The Gospels are full of accounts of Jesus feeding the hungry, visiting and healing the sick, counseling the troubled, listening to those in need, teaching those seeking God, and washing the feet of His friends. Commitment to being a Catholic means commitment to striving to be like Jesus and being a responsible “family member” within the Church.

As part of your preparation for Confirmation, to show you are ready to take on this commitment, you are **asked to complete:**

- **7 hours** as a 7th grader in service to others in the *parish* or the *community*. We call this putting your “**Faith Into Action Time**” or **FIAT hours**.
- **16 hours** as an 8th grader in service to others in the *parish* or the *community*. We call this putting your “**Faith Into Action Time**” or **FIAT hours**.

This is not meant to be a hoop to jump through, but the opportunity to form a habit, a life perspective, a heart like Christ’s. What you put into it will probably be proportionate to what you’ll get out of it. See it as an adventure in exploring ways in which you can make a difference. What forms of service are a good fit for you and your gifts and talents? What forms of service most stretch you and help you to grow? What forms of service most give you a sense of fulfillment? All of this is important for anyone who is serious about maturing.

Speak with your parents, sponsor, and teachers about where and when you can get involved in service. These are volunteer projects we are talking about, not paid work (something entirely different). We suggest you sit down with your parents in the early summer and start planning where you’d like to be involved and how. Look through the list of ideas provided here, and highlight the ones that interest you. Do any research you need to, to find out the details you’ll need to get started. Even put your plan into your calendar. Then, **start serving NOW** – even over the summer, don’t leave it until the end! It will be more meaningful if you’re not rushing to just “get it done.”

After completing each service project, don’t forget to fill in your hours on the **Online Service Feedback Form** located on the parish website (stcbparish.org) under the Faith Formation tab. You can also check your total hours.